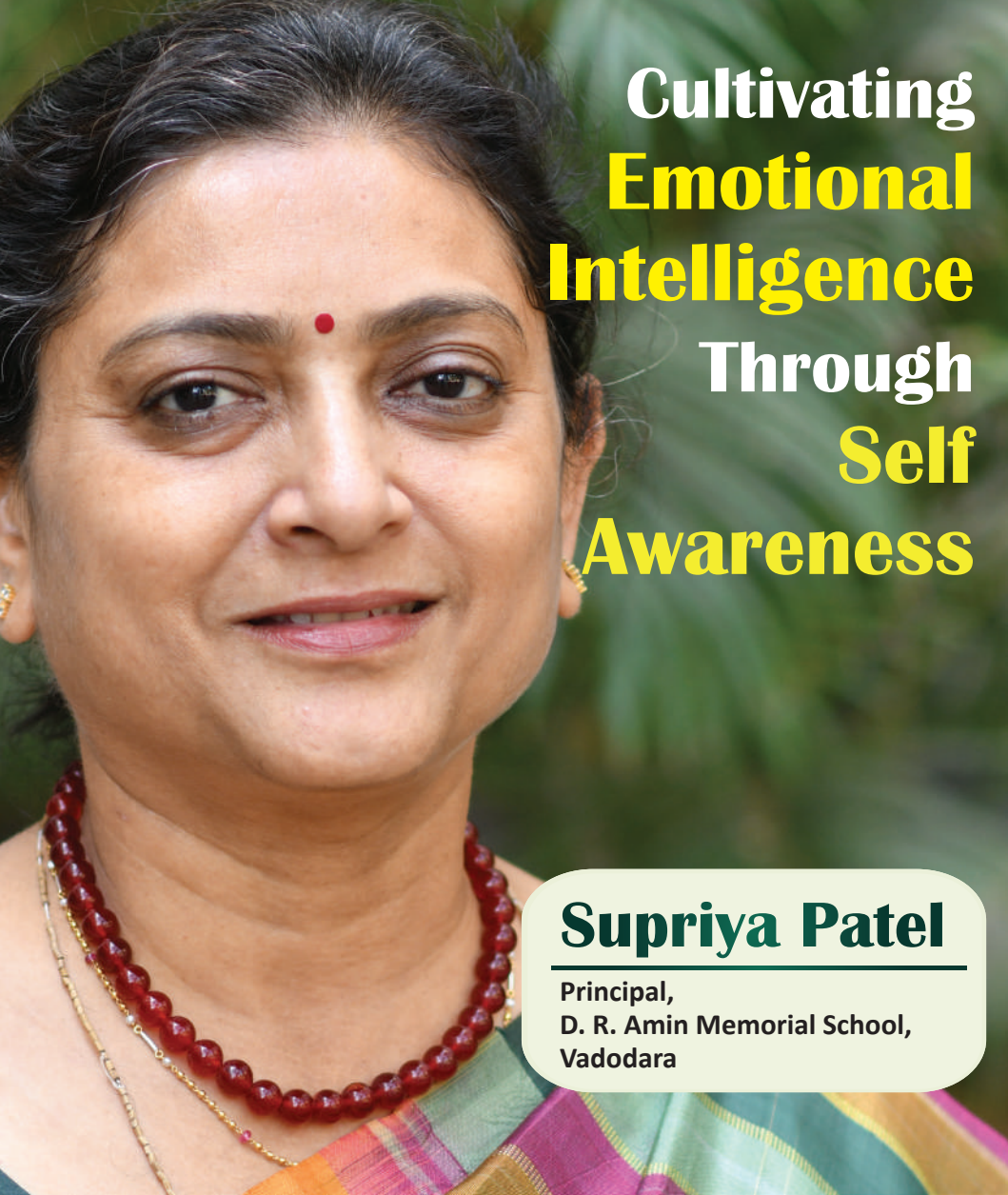


TEACHER
TRIBE
.world

Teacher's Digest

July 2024

A close-up portrait of a woman with dark hair, a bindi on her forehead, and a red beaded necklace. She is wearing a colorful sari. The background is a blurred green foliage.

Cultivating Emotional Intelligence Through Self Awareness

Supriya Patel

Principal,
D. R. Amin Memorial School,
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About us

TeacherTribe.world is an exclusive teachers' platform by Greycaps Knowledge Tribe. A thought seed of Dr. Abdul Kalam, TeacherTribe.world is a community forum. It is an initiative which strives to bring teachers, principals and educators across the world together, to share thoughts, knowledge and to '**celebrate the teacher**'. Our main aim is to foster a teaching community online and build a Teachers' Tribe.

TeacherTribe has also interacted with schools and educational institutions through its conferences in cities like Jamshedpur, Kotagiri, Hyderabad and Kuwait. We organise Professional Development Programs for teachers and Teacher Training sessions, aligning with the school requirements.

Know more about us and our initiatives, here - <https://www.teachertribe.world/>

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VARSHA PRASAD

Editor, TeacherTribe.world

Failure Is Good For Us!

Growing up, we are often taught to strive for success, to achieve something greater and reach new heights. However, [does success only involve winning?](#)

Do missteps, failures, and non-performances not count in a person's success story? As adults, parents and teachers have a crucial role to play as they shape the outlook of young minds.

This article can help one understand why 'not winning' does not equal failure, but rather an opportunity to learn and perform better the next time. This outlook can help nurture optimistic and resilient individuals.



01

The article details the importance of providing the right message to children. It speaks of the significance of parents and teachers in developing a learning culture that nurtures and encourages reflecting on failures and appreciating efforts.

02



G. BALASUBRAMANIAN

Can AI Be Incorporated Into The Educational Sector?

Former Director of Academics, CBSE. Helped initiate many innovative approaches at CBSE such as frontline curriculum and communicative approach to language teaching.

“AI is not just coming, but it is coming like a tsunami”

Artificial intelligence (AI) has decisively established its presence in the world. Despite its whirlwind effect across industries, AI's exponential rise and potential have made many wary of its impact on employment and the job market.

However, many corporations and technological juggernauts including Microsoft and Google, have begun exploring and collaborating with AI to create operational and learning opportunities across sectors.

These initiatives may lead to further development in areas of personalised learning, interactivity and assessment tools.

In this article, understand the many ways AI can be involved in the development of new avenues in learning systems.





SUPRIYA PATEL

Principal,
D. R. Amin Memorial School,
Vadodara

Cultivating Emotional Intelligence Through Self-Awareness

Educationist with over 30 years of experience in the field of education. Holds a PG Diploma in Computer Applications and a B.Ed. Currently pursuing a Master's degree in English.

In an interview with TeacherTribe.world, Supriya Patel, shares her ideas on artificial intelligence and its integration into the classroom, teacher wellness and her teaching philosophy.

The discussion delves deeper into the balancing act of being responsive versus reactive. This highlights the need for strategies for teachers to adopt a more responsive approach in the classroom. Some strategies discussed include self-regulation, cultivating emotional intelligence through empathy and implementing active listening.

How will this interview help you?

The interview will help highlight concepts of being responsive or reactive and the need for teacher wellness for the overall well-being of teachers.





S. KAVITHA

Kindergarten teacher at Vidyaniketan Early Years, Bengaluru. Educationist with 5 years of teaching experience.

Experiencing The Many Firsts of KINDERGARTEN

An average day for a kindergarten teacher may not be as easy as many people may assume. It brings its own set of experiences, challenges and heartwarming moments.

The article shares several anecdotal experiences of working with a kindergarten class consisting of children joining school for the first time.

It explores the first day of school and the array of emotions that come along with it along with the bonds that a teacher can build with students across the academic year.

The article speaks of guiding the children as they join a whole new world, away from the comfort of their homes. The growth of kindergarten students during the school year can be an immensely rewarding experience.

What are some of YOUR most heartwarming experiences in school?

SCAN





**AARTI DAROOKA
TIBREWALA**

Understanding And Handling Finances At Home

Entrepreneur and financial literacy advocate. Promotes financial literacy for women through her platform, Sthreedhan

Roshni, a banking professional, has a stable job and career. She has been contributing to her family's livelihoods and monthly expenses for many years, yet she has little clarity on her family's finances. In this article, we follow Roshni to gain insight into the importance of understanding the financial situation of our families.

The example provided in the article narrates a situation that may be familiar to many households in the country. It exemplifies the requirement for an understanding of finances before we make decisions.

How can Roshni and her family learn of the terms of their business ventures and keep track of the investments? How can the family learn more about the division of assets and their share from the business? The article provides simple solutions and explains more in detail.



What Is 'Experiential Learning'?

Learn with Bala

The simple acts of learning to ride a bicycle or drive a car can illustrate the impact of experiential learning in the real world. It brings forth the idea of integrating multisensory inputs to construct the knowledge of the activity.



This video for the series, 'Learn With Bala' with G. Balasubramanian, former Director of Academics at CBSE, sheds light on the different components that constitute 'experiential learning.'

It highlights the different categories of experiential learning- formal and informal, along with the sources of experiences as well as its benefits.

At the school level, experiential learning can be integrated through several activities such as art, music, dance, co-scholastic activities and theatre.

Follow the QR code to watch the complete video.





PREM KIRAN

The Need For A Global Perspective In Education

Educationalist. Head of Transformation at a Bangalore-based ed-tech company. Involved in teacher training, implementation, strategising learning and development.

The introduction of the NEP has shed light on the need for educational institutions to nurture and foster an environment beyond academic scores and grades.

Institutions today should adopt a global perspective to prepare students to become tomorrow's leaders. Hence the focus lies on developing essential 21st century skills such as compassion, critical thinking, creativity and collaboration among the students.

As the new academic year commences, educators must evolve into facilitators to empower students and provide a purpose for their learning journey. They should set clear goals and adapt the curriculum to fit 21st century skills.



In this article, learn how a teacher can steadily transform from an educator to becoming a facilitator.

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BUILDING TRUST WITH STUDENTS

Counsellor and wellness facilitator at Sri Kumaran's Children's Home. Inspired to work with different age groups and believe in compassion, humour and acceptance as the driving forces of change.



MEENAKSHI R. GANESH

As an educator, one may come across students who have defiant or a rebellious streak. It can be a challenge to work with such student. **How to deal with such students ?**



This article lays emphasis on building trust with the students and making continual efforts to work with them for a break through.

It provides anecdotal experiences to highlight the need for educators to think on their feet.

SCAN TO READ THE FULL ARTICLE.

How can you help a child develop interest and engage ?

Why is it necessary to grow along with a child ?





Understanding Lactose intolerance

- **Dr. VIVEK BALIGA**

Consultant physician and cardiologist. Director Baliga Diagnostics, Bengaluru. He is a keen advocate of patient education and loves to blog about all things health related.

Why does lactose intolerance occur?

In this article, Dr Vivek Baliga discusses the reasoning behind the condition. Milk contains sugar, which is broken down in the digestive tract by an enzyme. In people with lactose intolerance, there is an imbalance in the amount of enzyme released and the consumption of the milk-based products leading to the formation of gases and bloating.

If consuming milk or milk-based products is causing stomach problems such as bloating, you may have 'lactose intolerance'.

The condition generally develops between the ages of 20-40, although symptoms can appear at any age.

What are the alternative options to milk products?

Should you quit eating all milk-based products?



101
ESSAYS
that will
CHANGE
the way
YOU
THINK

BRIANNA WIEST

101 Essays to Change the Way You Think

-BRIANNA WIEST

101 Essays to Change the Way You Think is a self-help book written by Brianna Wiest that aims to inspire readers to view life from a different perspective. The book is a collection of articles covering a variety of subjects such as self-esteem, happiness and embracing emotions.

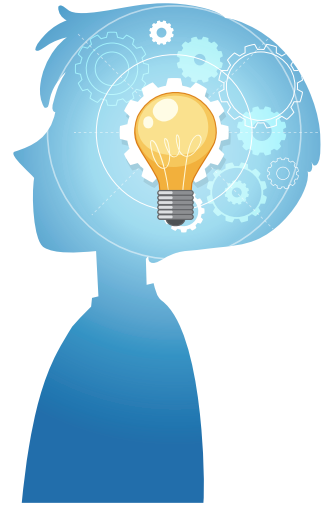
In this book, we learn more about the concept of the 'cognitive bias'. In simple terms, it refers to a 'mental shortcut' we utilise to influence our thinking, how we perceive others and our decision making process.

The book will help you understand the world around you. It provides advice on topics such as worry, anxiety and purpose. The book also offers insights into creating habits and understanding one's own cognitive biases.

Scan the QR code to know more about this book.



How can **NEWS** help students learn Critical Thinking ?



Harvard Graduate School of Education

In today's interconnected world, with the rapid spread of information across our social networks and an abundance of data sources, it cannot be easy to discern fact from fiction. This difficulty can affect students as they strive to make informed decisions. Therefore, 'critical thinking' has begun to take presence as an essential skill. The skill will help students understand the world better

Alison Head, an information scientist and the founder of Project Information Literacy, shares some key components to understand how journalism can shape a larger narrative. The article gives an example of the COVID-19 pandemic and its news coverage in its first 100 days to be utilised in the learning process.



The article can provide a method for developing news literacy along with skills such as visual literacy in the context of critical thinking. **SCAN TO KNOW MORE**



**S. INDIRA NARAYAN**

Navigating The Transition From Primary To Middle School

Educationist with more than 35 years of experience. Associated with St. Ann's High School, ICSE, ISC, Secunderabad, teaching English language and literature for over three decades.

As students transition from one phase of their learning journey to another, they may face various challenges along the way. The transition from primary to middle school marks a significant academic shift for students, involving an increase in the number of subjects, higher academic expectations and competitive examinations.

Within the span of two months of summer break, primary school students enter a whole new chapter of their lives. They are suddenly bombarded with information, social awareness, new interests, changes in lifestyle and more.

In this article, read more about the transitional phase of childhood as they move from one phase of their lives to another.

It is important for parents and educators to provide support, guidance and encouragement as the students navigate the change.

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ASMITA SHARMA

Does 'GAMIFYING' The Classroom Aid In Learning?

-Team TeacherTribe

The complete and exclusive use of textbooks for learning can often create a monotonous atmosphere in the classroom. This is when the crossover between education and gaming can paint a picture into the frame.

In recent years, the concept of 'gamification' has piqued the interest and garnered the attention of many across sectors- education, corporate and otherwise.

Sprinkling in the concept of gamification throughout the year's coursework can give a necessary boost of engagement and refresh the classroom atmosphere.

A teacher can utilise various methods such as reward systems, challenges and other learning methods for a better understanding of the lesson.

This article gives a glimpse into the concept of gamification from the perspective of education and academics.

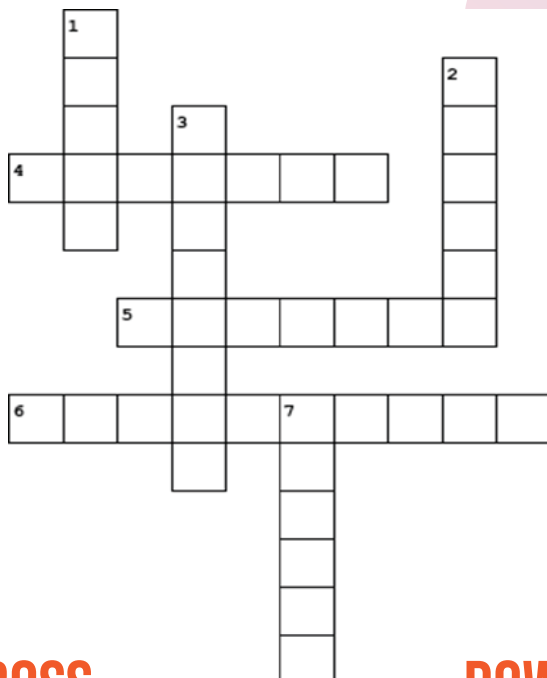
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The Sweet Tooth

CAN YOU IDENTIFY THE POPULAR DESSERTS?



ACROSS

4. Each piece of this baked dessert is served with a cup.
5. Flat, baked dessert commonly made in the chocolate flavour
6. Fried doughball steeped in sugar syrup.

DOWN

1. Baked desserts sold in the store Mad over _____.
2. Chocolate chip dessert.
3. Cold treat.
7. Spirally Indian dessert dipped in sugar syrup.

SOLUTION : 1. Donut 2. Cookie 3. Ice cream 4. Cupcake 5. Brownie 6. Gulab Jamun 7. Jalebi

Utilising Drama In The Classroom

-Sandhya Uday

Vice-principal, Shanti Asiatic School, Ahmedabad. A graduate in English Literature and postgraduate in Psychology with over 24 years of teaching experience.

Channelling the naturally animated and imaginative energy of children into an activity or lesson can be challenging. Many times, teachers have to build up a set of activities that not only appeal to the students and keep them engaged, but also incorporate the coursework. The practice can provide opportunities to different types of learners.

In many instances, 'dramatisation' can become a medium of expression. Its versatility can create opportunities that foster higher-order thinking skills, life skills and provide a platform for students to learn teamwork.

For language teachers and literature lessons, drama projects can help create an environment that provides for all types of learners and nurtures children's growth. It can also boost self-confidence and command over language.

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- Duration: 1 or 2 days

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- Inculcates leadership qualities
- Future aligned focus
- Fosters happy motivated students
- Equips students with future skills and self-leadership



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- Email: uma@greycaps.com

NOTE: Cost of the Program varies depending on the number of participants and days



P R E S E N T S

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QUIZ

I AM THAT CHILD FOR A BETTER INDIA

in association with



SEASON

3

BLOCK YOUR DATE
NATIONAL FINAL 2024

AUG
23



NATIONAL FINALISTS 2023
with Chief Guest Dr. Shashi Tharoor (MP)

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- ❖ INDIVIDUAL PARTICIPATION
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Round 2: DIGITAL SEMI FINAL | Aug 10 / 11

Round 3: NATIONAL FINAL | Aug 23

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