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Teacher's Digest

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Positivity Is Key



L. Murali

Principal,
YRTV Matriculation Higher
Secondary School, Sivakasi

Editorial Team

Rashmi Marian Furtado
Varsha Prasad
Asmita Sharma

Contact Us

vibha@greycaps.com
www.teachertribe.world

About us

TeacherTribe.world is an exclusive teachers' platform by Greycaps Knowledge Tribe. A thought seed of Dr. Abdul Kalam, TeacherTribe.world is a community forum. It is an initiative which strives to bring teachers, principals and educators across the world together, to share thoughts, knowledge and to '**celebrate the teacher**'. Our main aim is to foster a teaching community and build a Teachers' Tribe.

TeacherTribe has also interacted with schools and educational institutions through its conferences in cities like Jamshedpur, Kotagiri, Hyderabad and Kuwait. We organise Professional Development Programs for teachers and Teacher Training sessions, aligning with the school requirements.

Know more about us and our initiatives, here - <https://www.teachertribe.world/>

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**Varsha Prasad**

Editor, TeacherTribe.world

Are Podcasts Good Educational Tools?

Podcasts have transformed the world of streaming and audio content. Listeners can now select a streaming service and tune into a podcast that serves as both educational content and entertainment. This auditory storytelling can be found across genres and languages.

The article delves into the world of podcasts and how they can be utilised to cater to auditory learners in the classroom. It discusses the benefits of incorporating auditory media and the value podcasts can bring to the classroom.

Podcasts can be introduced in the classroom by establishing in-house podcast productions that allow students to engage in their creativity and create a dynamic learning atmosphere.





G. Balasubramanian

Imminent Need for Nonlinear Learning

Former Director of Academics, CBSE. Helped initiate many innovative approaches at CBSE such as frontline curriculum and communicative approach to language teaching.

'Learning' as a concept is often misunderstood. The process relies on acquiring information for short-term retention rather than its intended objective. Developmental biologists and cognitive scientists link learning to the experience of the organisms, making them inherently linear in nature. However, can we broaden the scope of learning to become flexible?

The need for non-linear learning comes due to an increasing shift towards cross-functional work cultures and instability of knowledge and skills. It can facilitate adaptability and growth.

The article discusses the scope of learning through diverse sources. It delves into the requirement of individuals to develop smart, continuous learning abilities.





L. Murali

Principal, YRTV School, Sivakasi

Positivity Is Key

Postgraduate in Mathematics. Worked as a college professor. Published a textbook in Pascal Programming.

In an interview with TeacherTribe.world, L. Murali shares his idea on the role of teachers in the classroom. The article further discusses the need for breaks for teachers and a principal's role in the school.

The interview details ideas on the emergence of artificial intelligence and ways to accept the changing face of education. It discusses the idea of a separate space for technology and learning.

The advent of AI can provide an opportunity for students to learn beyond the classroom and the teacher. The circumstance makes it essential that teachers update themselves with knowledge and keep up the student's questioning and curiosity.

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Anuja Kothari

Effective Teaching Methodologies

Dedicated educator with background in business administration and education. Contributes her expertise and passion for teaching to inspire students and peers.

In the realm of primary education, certain teaching methodologies serve as guidelines for creating a comprehensive and engaging learning experience. They serve as cornerstones to help maintain a positive classroom environment.

Understanding and catering to different learning styles, incorporating real-world relevance and integrating technology can promote lively discussions and a dynamic learning sphere where young students become active participants in their own learning.

The article details various methods teachers can adopt to create an environment that fosters critical thinking and passion for learning.

What are the other tools to aid in the classroom? Read more.

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**Manjula Veeranna**

Unlocking Our Brain's Potential

Neural Educator, Founder & CEO, International Institute For Cognitive and Learning Sciences®. Expert in skill-based knowledge innately related to children, parents and teachers.

In this article, Manjula Veeranna speaks of how stress isn't always the enemy, but rather acts as a natural part of life.

The article delves into the concept of neuroplasticity and its application in the classroom. It discusses the idea of teaching stress management to students and the importance of movement-based activities in the classroom to enhance the cognitive skills of the students.

In society's fast-paced world, we need to tap into the brain's wonderful ability to adapt in order to transition from merely surviving to enhancing our overall well-being and thriving in life.





The Teachers Collective

Aims to reframe inclusion in schools through building teacher capacity, offline and online, through customised masterclasses and self-paced courses.

At a time when Paralympians have made the nation proud, it is heartening to note that the inclusion of students with disabilities in mainstream education is no longer just an idea. Supportive school leaders and educators have helped many students with disabilities reach greater heights.

The conversation on education for people with disabilities have experienced change over time. In the past, there was a prevalent mindset that people and children with 'special' needs require 'special' schools and largely focused on requiring something different to be done in a classroom.

The article dives into the questions raised by teachers who want to promote inclusion in the classrooms. It discusses how the conversation can evolve beyond theory and into practice.





Aarti Tibrewala Darooka

Why Is Investing Mandatory For A Woman?

Entrepreneur and financial literacy advocate. Promotes financial literacy for women through her platform, Sthreedhan.

Rama is a secondary school teacher. She has always been adept at using technology and embraces newer innovations and technological advancements in her profession. Her husband suggests that she utilise her knowledge of technology to manage the family's financial decisions and begin investing.



**Why is it necessary for a woman to have a sound financial understanding?
Why is it necessary to invest?**

The article follows Rama to learn more about investing and the importance of being financially independent as a woman.





S. Indira Narayan

Educationist with more than 35 years of experience. Associated with St. Ann's High School, ICSE, ISC, Secunderabad, teaching English language and literature for over three decades

The daily ritual of packing lunch boxes for children can be challenging. Parents often face the dilemma of uneaten lunch boxes. Some parents might think they pack their children's preferred food, but the tiffin boxes still return uneaten, much to the parent's dismay.

The article details the various reasons children may skip their lunch meals and ways to reduce the problem in the classroom. It emphasises planning and organising nutrition-heavy but appropriate-sized meals during the 40-minute breaks.

More often than not, children use the lunch break to run around and play. Their food may end up nibbled or left to be eaten later. How can the issue be resolved?





Shravan Shetty

Careers Less Explored

Accomplished career coach. Alumnus of Ohio University. Designed, developed and deployed 3000 plus programs for educational institutions, and Fortune 500 Companies.

Deciding on a career to pursue can be a challenging task. Often, we are nudged and encouraged to pursue a career that remains 'tried and tested', high-paying or one that has a social status. However, it is also equally important to work in a field that aligns with one's interests, passions or hobbies.

The article emphasises the need for exploring non-traditional or otherwise conventional career paths.



The article aims to shine a light on career paths that have remained hidden in the mainstream.

Traditional pathways to a job and career are said to be continuously changing, giving way to a unique set of career roles.

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Bhavna Tandon

Founder, QEDRAK

Master's degree in Clinical Psychology. 18 years of experience as an Educationist. Founded QEDRAK, with an aim to plug the gaps in school education.

Silence in the Classroom Boon or Bane?

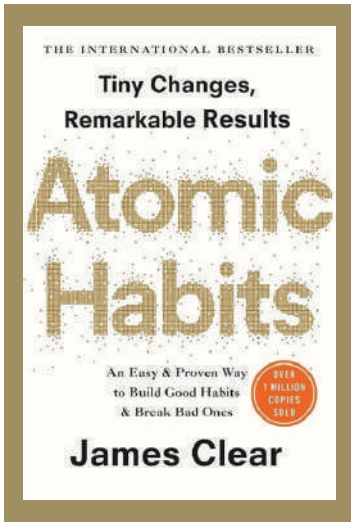
Is silence a powerful tool?

In the current fast-paced, distraction-heavy and restless world, silence can be often undervalued. It can even feel like a luxury. However, silence can be utilised to become a significant tool in the classroom. Class hours are a time of interaction and communication between the educator and the learner, while silence is traditionally used to encourage discipline.

How can a teacher use silence as a tool to promote student-centred learning?

The article focuses on a productive method of using silence in a classroom. It elaborates on the idea of 'ME Time' during a school day for self-reflection, guided mindful activities, journal writing or silent reading.





Atomic Habits

- James Clear

Atomic Habits serves as a handbook for forming effective habits to lead a productive and healthier lifestyle. The author, James Clear, draws concepts and ideas from psychology, biology and neuroscience to understand the science behind human behaviour.

The book defines habits as a 'behaviour that has been repeated enough times to become automatic'. As the title suggests, Atomic Habits hinges on the idea that even a small 1% improvement can increment and compound over time to transform and be an achievement.

The book focuses on the central idea of incorporating small changes into routines to develop better habits.

It calls attention to the role of time and persistent efforts to make incremental change.





Dr. Vivek Baliga

10 Great Sources of Calcium

Consultant physician and cardiologist. Director Baliga Diagnostics, Bengaluru. He is a keen advocate of patient education and loves to blog about health-related things.

The cultural and culinary landscape of India is incredibly vast. Indian traditional cuisine incorporates a variety of ingredients that provide us with nutrients and energy that keep us healthy. Each ingredient serves a purpose in the meal.

What are some easily accessible foods that are rich in calcium?

1. Paneer (Indian Cottage Cheese).
2. Milk and Milk Products
3. Green Leafy Vegetables
4. Sesame Seeds (Til)
5. Almonds (Badam)



Is there a need for calcium supplements?
Read more.



Why Do Children Play?

Harvard Graduate School of Education

The act of playing has always been somewhat mysterious, yet it remains an integral and crucial part of childhood. It is said to serve no practical purpose, but playing forms an essential way for children to gauge and learn about the world around them.

Why do children play? How does it help them?



The article details the findings of researchers from the Harvard Graduate School of Education and the psychology departments at Harvard and the University of California.

The research was conducted with two outdoor experiments with children between the ages of 5 and 10. The article discusses the motivation by both internal and external rewards for the children.





Asmita Sharma

Team TeacherTribe

Steering Through Media Overload

We live in an age of content abundance and overstimulation that reaches far and wide. In the world of increased and widespread usage of social media, information travels more rapidly than ever before. People consume content even quicker and the cycle continues.

However, it is imperative and crucial that we be mindful of the content we consume.

It is equally important that we learn to critically engage with the information presented to us.

The article delves into the concept of media literacy and its increasing requirement as citizens of the internet.

It talks about methods of applying media literacy into practice such as recognising fake news and other questionable information presented in the sphere around us.

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Riddle Away!

Can you solve the riddles given below?

1. What begins with an 'e' but only has one letter?
2. What is white when dirty and black when clean?
3. If you are running in a race and pass the person in second place, what place are you in?
4. What has a neck but can't swallow?
5. George's parents have four children- Eeny, Meeny, Miny and _____?
6. You bought me for dinner but never ate me. What am I?

1. An envelope 2. A chalkboard 3. Second place
4. A bottle 5. George 6. Utensils

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Teachers, unleash your creativity and capture a frame in time!



TeacherTribe.world brings to you the Photography Contest!

Theme:

'Happy Teacher Moments'

Here are some suggestions:

- A happy moment in the classroom
- Exciting day at school
- Expression of happiness in the classroom
- Moments of delight in the staff room...
and many more!



Last Date to Submit:
15 October 2024

**So, teachers,
get clicking!**



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for more details.

